

**2010 Dayton Regional Tournament  
Division I  
May 26 & 28**

**FIELD EVENTS  
May 26**

<b>4:00 pm</b>	<b><u>Girls</u></b>	<b><u>Boys</u></b>
	<b>Discus</b>	<b>Discus</b>
	<b>High Jump</b>	<b>Long Jump</b> <b>Pole Vault</b>

**TRACK EVENTS  
May 26**

<b>4:30 PM</b>	<b><u>Girls</u></b>	<b><u>Boys</u></b>
	<b>1. 4x 800 Relay-FINAL</b>	<b>2. 4x 800 Relay-FINAL</b>
	<b>Semifinals</b>	
	<b>3. 100 m Hurdles</b>	<b>4. 110 m Hurdles</b>
	<b>5. 100 m Dash</b>	<b>6. 100 m Dash</b>
	<b>7. 4x 200 Relay</b>	<b>8. 4x 200 Relay</b>
	<b>9. 4x 100 Relay (a)</b>	<b>10. 4x 100 Relay (b)</b>
	<b>11. 400 m Dash</b>	<b>12. 400 m Dash</b>
	<b>13. 300 m Hurdles</b>	<b>14. 300 m Hurdles</b>
	<b>15. 200 m Dash</b>	<b>16. 200 m Dash</b>
	<b>17. 4x 400 Relay (c)</b>	<b>18. 4x 400 Relay (d)</b>

- a) The 1<sup>st</sup> heat of the G 4x 100 relay may begin no earlier than 15 minutes after the start of the 1<sup>st</sup> heat of the G 4x 200 Relay.
- b) The 1<sup>st</sup> heat of the B 4x 100 relay may begin no earlier than 15 minutes after the start of the 1<sup>st</sup> heat of the B 4x 200 Relay.
- c) The 1<sup>st</sup> heat of the G 4x 400 relay may begin no earlier than 20 minutes after the start of the 1<sup>st</sup> heat of the G 200 meter dash.
- d) The 1<sup>st</sup> heat of the B 4x 400 relay may begin no earlier than 20 minutes after the start of the 1<sup>st</sup> heat of the B 200 meter dash.

**2010 Dayton Regional  
May 28**

**FIELD EVENTS**

<b>4:00 PM</b>	<b><u>Girls</u></b> <b>Shot Put</b> <b>Long Jump</b> <b>Pole Vault</b>	<b><u>Boys</u></b> <b>Shot Put</b> <b>High Jump</b>
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**TRACK EVENTS**

<b>5:30 PM</b>	<b><u>Girls</u></b> <b>100 m Hurdles-5:30</b> <b>100 m Dash -5:40</b> <b>4x 200 Relay-5:45</b> <b>1600 m Run-6:00</b> <b>4x 100 Relay-6:15</b> <b>400 m Dash -6:30</b> <b>300 m Hurdles-6:40</b> <b>800 m Run-6:50</b> <b>200 m Dash -7:00</b> <b>3200 m Run-7:05</b> <b>4x 400 Relay-7:35</b>	<b><u>Boys</u></b> <b>110 m Hurdles-5:35</b> <b>100 m Dash -5:40</b> <b>4 x 200 Relay-5:45</b> <b>1600 m Run-6:00</b> <b>4x 100 Relay-6:15</b> <b>400 m Dash-6:30</b> <b>300 m Hurdles-6:40</b> <b>800 m Run-6:50</b> <b>200 m Dash-7:00</b> <b>3200 m Run-7:05</b> <b>4x 400 Relay-7:35</b>
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