

**2010 Mason DI District Track  
May 19 & 21**

**May 19—Field Events-4:00 PM**

**Boys  
Discus  
Long Jump**

**Girls  
Shot  
High Jump  
Pole Vault**

**May 19—Prelims & Finals-5:00 PM**

<b>G 100 m Hurdles-5 heats</b>	<b>8 fastest times to Finals</b>
<b>B 110 m Hurdles-5 heats</b>	<b>8 fastest times to Finals</b>
<b>G 100 m Dash-5 heats</b>	<b>8 fastest times to Finals</b>
<b>B 100 m Dash-5 heats</b>	<b>8 fastest times to Finals</b>
<b>FINALS</b>	

<b>G 4 x 800 m Relay</b>	<b>Top 4 to Regional</b>
<b>B 4 x 800 m Relay</b>	<b>Top 4 to Regional</b>

**SEMIS**

<b>G 4 x 200 m Relay</b>	<b>8 fastest times to Finals</b>
<b>B 4 x 200 m Relay</b>	<b>8 fastest times to Finals</b>
<b>G 1600 m Run*</b>	<b>* If necessary</b>
<b>B 1600 m Run*</b>	<b>* If necessary</b>
<b>G 4 x 100 m Relay</b>	<b>8 fastest times to Finals</b>
<b>B 4 x 100 m Relay</b>	<b>8 fastest times to Finals</b>
<b>G 400 m Dash</b>	<b>8 fastest times to Finals</b>
<b>B 400 m Dash</b>	<b>8 fastest times to Finals</b>
<b>G 300 m Hurdles</b>	<b>8 fastest times to Finals</b>
<b>B 300 m Hurdles</b>	<b>8 fastest times to Finals</b>
<b>G 800 m Run</b>	<b>Top 8 each semi to Finals</b>
<b>B 800 m Run</b>	<b>Top 8 each semi to Finals</b>
<b>G 200 m Dash-5 heats</b>	<b>8 fastest times to Finals</b>
<b>B 200 m Dash-5 heats</b>	<b>8 fastest times to Finals</b>
<b>G 4 x 400 m Relay</b>	<b>8 fastest times to Finals</b>
<b>B 4 x 400 m Relay</b>	<b>8 fastest times to Finals</b>

**NOTE: This will be the order of events this year; 100 hurdles, 110 hurdles, 100's, and 200's will be run as 2 rounds with the top 8 times in the prelims to the Finals.**

**May 21—Field Events-4:00 PM**

**Boys**

**Shot Put  
High Jump  
Pole Vault**

**Girls**

**Discus  
Long Jump**

**May 21—Finals-6:00 PM**

**6:00 PM-G 100 m Hurdles  
6:05 PM-B 110 m Hurdles  
6:10 PM-G 100 m Dash  
B 100 m Dash  
6:15 PM-G 4 x 200 m Relay  
B 4 x 200 m Relay  
6:30 PM-G 1600 m Run  
B 1600 m Run  
6:45 PM-G 4 x 100 m Relay  
B 4 x 100 m Relay  
7:00 PM-G 400 m Dash  
B 400 m Dash  
7:10 PM-G 300 m Hurdles  
B 300 m Hurdles  
7:20 PM-G 800 m Run  
B 800 m Run  
7:30 PM-G 200 m Dash  
B 200 m Dash  
7:35 PM-G 3200 m Run  
B 3200 m Run  
8:05 PM-G 4 x 400 m Relay  
B 4 x 400 m Relay**

**\*\* Top 4 each event will qualify to the Regional Tournament**